



	<p>Tuesday, April 1st at 11:30AM (Please RSVP) <u>Lunch Bunch Meetup (pay your own way – lunch meetup)</u> Portillo's 855 Cog Cir. Crystal Lake, IL 60014</p>
	<p>Tuesday, April 8th at 1:30PM (Please RSVP) <u>Interactive Show with DJ Kathy!</u> \$3 suggested donation</p>
	<p>Tuesday, April 22nd at 1:30PM (Please RSVP) <u>Spring Craft with Molly</u> \$3 Suggested Donation <i>(Inspiration Photo Shown)</i></p> 
	<p>Friday, April 11th & 25th at 2:00PM (Please RSVP) <u>Bunco Meetup \$1 Per Person</u> <i>Please make sure to RSVP – this activity will be meeting in the smaller room – due to an Evidence Based program being held in the larger room at the same time.</i></p>
	<p>Friday, April 25th—May 30th from 9:30-12:00PM <u>Diabetes Self-Management Course (Take Charge Of Your Health) taught by the McHenry County Department of Health.</u> <i>Ask Molly for more information and registration. Limited seats!</i></p> 
	<p>See Walking Schedule In “Daily Emails” Please note each month’s schedule is subject to change.</p> <ul style="list-style-type: none"> - Wear Athletic Shoes - Bring Your Own Water